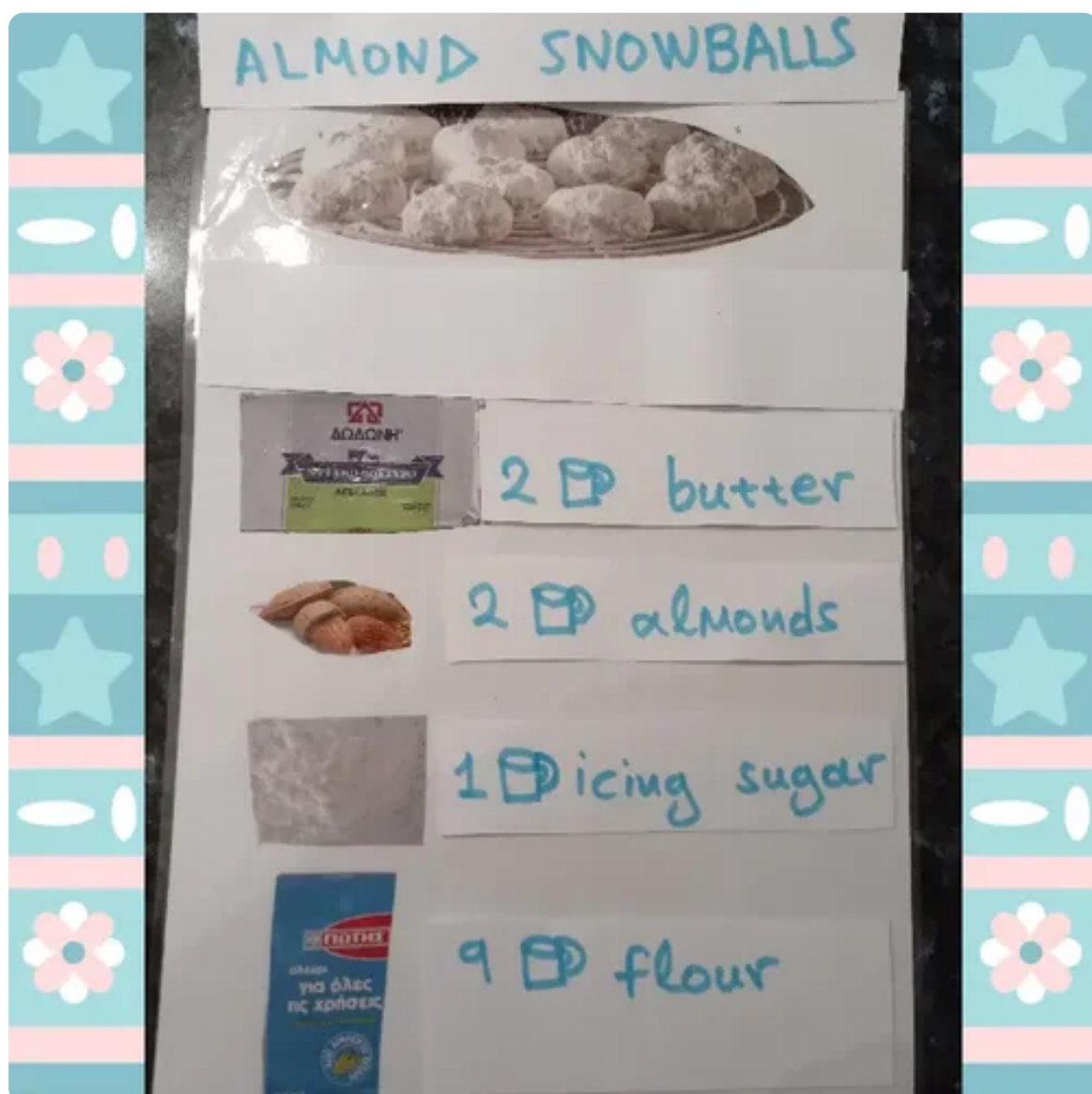


GREECE 12th kindergarten of N.Ionia-Volos

8 Items

GREEK TRADITIONAL RECIPES FOR SWEETS AND DESSERTS FOR CHRIST MAST HOLIDAYS



Almonds snowballs

Almonds snowballs according to our tradition come from the East, maybe from Persia but for many years are made in Greece during Christmas period. Inside every home during holidays there is a big plate with almond snowballs sprinkled with plenty of powdered sugar. It is also said that their white colour, a sign of good luck, established them as a Christmas dessert.

HONEY MACAROONS



1½ ☐ oil



4½ ☐ Flour



½ ☐ Sugar



grated walnuts



Honey macaroons is a traditional dessert.


Honey macaroons is a greek traditional dessert eaten at Christmas. Its name is said to be given because of its shape but also because of the word 'meli' which means honey, a substance in its syrup. It's a dessert eaten during religious fasting because even nowadays many greek people are fasting for 40 days before Christmas! According to a tradition, it's a dessert that ancient Greeks made for the sun fest in winter and it contained flour, honey and walnuts . However, it is a very healthy dessert with honey that everybody loves.

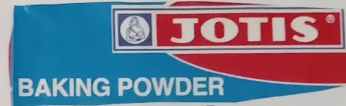
1  cinnamon



1/4  orange juice




1  baking powder



1/4  cognac




SYRUP

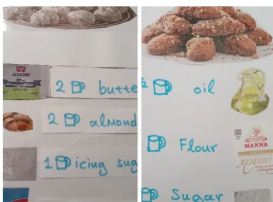
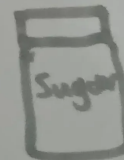
1 1/2  honey



1 1/2  water



1 1/2  sugar



PolleEv

 pollev.com

Do you prefer ALMOND SNOWBALLS OR HONEY MACAROONS



CHRISTOPSOMO.pdf

undefined

CHRISTOPSOMO



pomegranate

In Greece the fruit we eat the most on Christmast holidays is pomegranate. It's full of vitamins and in our tradition brings luck and wealthness. We put it in salads, make it juice or eat it as a fruit!



Pomegranate - jigsaw puzzle (9 pieces)

 jigsawplanet.com

Lets play,Free online jigsaw puzzle game



VASILOPITA

VASILOPITA At midnight, when the year changes, we turn off the lights and after one minute we turn them on again and give each other wishes for happiness and health for the new year. Vasilopita according to greek tradition is cut immediately when the year changes. The host, after crossing it three times with a knife starts to cut it into triangles and share it to friends, members of the family or relatives who might be there. Whoever finds the coin in his or her piece is the lucky one of the year!